



Speak Up Signal

1. PARENT GUIDE

INTRODUCTION CARD

What this is

Speak Up Signal gives children a simple way to let a trusted adult know they need help or want to talk, even when it feels hard to say out loud.

How to introduce it

“Sometimes things feel difficult to say,
or you might not have the words.

This is for that.

You can use it anytime.”

When it’s used

“Thank you for telling me.”

Pause. Notice. Respond calmly when ready.

FRONT



Speak Up Signal

BACK



Speak Up Signal

2. CHILD PROMISE



This is a safe way to speak up.



You don't have to
explain yet.



You can use this
anytime.



A trusted adult
will help you.



Speak Up Signal



Speak Up Signal

3. ADULT RESPONSE



Stay calm.



Say thank you.



Listen.



Help keep them safe.

FIRST WORDS RULE

“Thank you for telling me.”

FRONT



Speak Up Signal

BACK

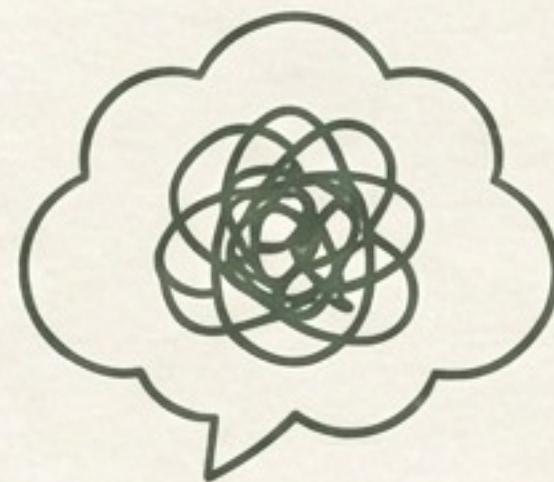


Can I tell
you
something?





**Something
happened**





**I want
to talk**





I need help





I need
a hug.





Speak Up Signal

For moments without words.